

SUN	MON	TUES	WED	THURS	FRI	SAT				
30	<h1>June 2024</h1>					1				
2	9:00am Welcome hour 10:00am Ring Toss Breakfast for Lunch Blueberries, Chaffles, Eggs, Sausage 1:00pm Card Bingo 2:00pm NESS Club Remote 3:00pm Tea Time	3	4	9:00am Welcome hour 10:00am Yoga chair 11:00am Flex & Balance Salad, Veggie or BBQ Cheeseburgers, Sweet potatoes 1:00pm BINGO 2:00pm NESS Club Remote 3:00pm Tea Time	5	6	9:00am Welcome hour 10:00am Hot Potatoe 10:30am EIEIO w/Jude Minestrone soup, Larry's Spaghetti, Garlic bread 1:00BINGO 1:30 Painting w/Larry 2:00pm NESS Club Remote 3:00pm Tea time	7	8	
9	9:00am Welcome hour 10:00am Noodles&Balloons 11:00 Chair yoga Split pea soup, Chicken strips and Jo,Jos, Mixed Veggies 1:00pm BINGO Cards 2:00pm NESS Club Remote 3:00pm Tea Time	10	11	9:00am Welcome hour 10:00am Flex & Balance 11:00am Bean Bag Toss Salad, Veggie chili, beans& beef, Corn bread 1:00pm BINGO 2:00pm NESS Club Remot 3:00pm Tea Time	12	13	9:00am Welcome hour 10:00am Chair yoga 11:00am EIEIO w/Jude Salad, Baked Tilapia, Tater tots,Coleslaw 1:00pm BINGO 1:30pm Painting w/Larry 2:00pm NESS Club Remote 3:00pm Tea Time	14	15	
16	9:00am Welcome hour 10:00am Noodles & Ballons Salad, Mike's Green casserole,Spanish rice 1:00pm Card Bingo 2:00pm NESS Club Remote 3:00pm Tea Time	17	18	9:00am Welcome hour 10:00am Ring Toss Salad, Ham or Chicken, Scallop potatoes,Asparagus. 1:00pm BINGO 2:00pm NESS Club Remote 3:00pm Tea Time	19	20	Family Caregivers Support Group	9:00am Welcome hour 10:00am Hot Potatoe 11:00pm Band-er-cise Salad, Breaded fish, Tator tots, Apple sause. 1:00pm BINGO 2:00pm NESS Club Remote 3:00pm Tea Time	21	22
23	9:00am Welcome hour 10:00am Connect 4 11:00am Mix & Match Salad, Meatloaf, Roasted red potatoes & Veggies 1:00pm BINGO card games 2:00pm NESS Club Remote 3:00pm Tea Time	24	25	9:00am Welcome hour 10:00am Card Games 11:00 Yoga chair Egg drop soup, Chinese Take- out 1:00pm BINGO 2:00pm NESS Club Remote 3:00pm Tea Time	26	27		10:00pm Band-er-cise 10:30 EIEIO w/Jude 11:00 Flex & Balance Salad, Shrimp or Chicken Alfredo with french bread 1:00pm BINGO 1:30pm Painting w/Larry 2:00pm NESS Club Remote 3:00pm Tea Time	28	29