



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1- 9:00am Welcome Hour 10:30am EIEIO w/ Jude 11:00am Mix & Match Cards Salad, Tuna Melt or Grilled cheese, Red pepper/tomato Soup 1pm Bingo 1:30pm Painting w/ Larry 2:00pm NESS Club Remote 3:00pm Tea Time	2
3	4- 9:00am Welcome hour 10:00am Band-er-cise 11:00am Parachute Breakfast for Lunch: Blueberries, Chaffles, Eggs, Sausage 1:00pm Card BINGO 2:00pm NESS Club Remote 3:00pm Tea Time	5	6- 9:00am Welcome Hour 10:00am Band-er-cise 11:00am Balloon volleyball Salad, Ham or Chicken, Scallop potatoes and Asparagus. 1:00pm BINGO 2:00pm NESS Club Remote 3:00pm Tea Time	7	8- 9:00 am Welcome Hour 10:30 EIEIO w/ Jude Salad, Breaded fish, Tater tots, apple sauce. 1 pm Bingo 1:30 pm Painting w/ Larry 2:00 pm NESS Club Remote 3 pm Tea Time—	9
Daylight Saving Time Starts	11- 9:00am Welcome Hour 10:00 Noodles & Balloon 11 am Band-er-cise Split Pea Soup, Chicken Strips and Jo Jos, Mixed vegetables 1:00pm Bingo 2:00pm NESS Club Remote 3:00pm Tea Time	12	13- 9:00 am Welcome 10:00am Ring Toss 11:00am Noodles & Balloons Salad, Veggie Spaghetti, with meatballs, French bread 1:00pm Connect Four 2:00pm NESS Club Remote 3:00pm Tea Time	14	15- 9:00 am Welcome Hour 10:30am EIEIO w/ Jude 11:00am Hot Potato Salad, Baked Tilapia, Tater tots and Coleslaw 1:00pm Bingo 1:30pm Painting w/ Larry 2:00pm NESS 3:00 pm Tea Time	16
	18- 9:00 am Welcome Hour 10:00 am Chair Yoga 11 am Ring Toss Salad, Veggie Chili, beans & beef with Caulif Mac'n Cheese 1:00 pm Bingo 2 :00 pm NESS Club Remote 3:pm Tea Time— 3:45 pm PT	19	20- 9:00 am Welcome Hour 10:00 Noodles & Balloon 11 am Band-er-cise Salad, Mike's Green Enchilada Casserole, Spanish rice 1:00pm Bingo 2:00pm NESS Club Remote 3:00pm Tea Time	21 Caregiver Support Group Third Thursday 11 am Sam Education Center	22- 900am Welcome Hour 10:30am EIEIO w/ JUDE 11:00am Card Bingo Salad, Shrimp or Chicken Alfredo w/French Bread 1:00pm Bingo 1:30pm Painting w/Larry 2:00pm NESS Club Remote 3:00pm Tea Time	23
	25- 9:00 am Welcome Hour 10:00 am Chair Yoga 11 am Flex & Balance Salad, Meatloaf, Roasted Red Potatoes and vegetables 1:00 pm Card Games 2:00 pm NESS Club Remote 3 pm Tea Time-	26	27- 9:00am Welcome Hour 10:00am Hot Potato 11:00pm Mix-Match-Cards Egg Drop Soup, Chinese Take- Out 1:00 BINGO 2:00pm NESS Club Remote 3:00pm Tea Time	28	29-	30 <div> <div>31</div> <div>EASTER SUNDAY</div> </div>

e—Elder
 I—Information
 e—Education
 I—Involving
 O—Others