



## The Savvy Caregiver

FREE Six-week class for people wanting to **communicate** more efficiently with people living with dementia or Alzheimer's disease, with family members and friends, and with people living with disabilities.

This class series meets once a week on Mondays for six weeks.

- **Dates:** March 25 through April 29, 2024  
Every Monday for six weeks-meeting remotely and in person
- **Time:** 2:00 pm-4:00 pm
- **Location:** Samaritan Center for Health Education  
740 SW 9<sup>th</sup> Street, Newport, OR 97365  
*This event is not affiliated with Samaritan Health Services*
- **Cost:** Free!
- **To Register:** Contact Jude @ NESS: **541-921-0937**

*Class size is limited, and registration is required.*

Family Caregivers play a critical role in the healthcare system.  
In fact, they are at the center of the system.



Generously supported by the Oregon Cascades West Council of Governments Family Caregiver Support Program