



NEW NESS CLUB

Our mission is to ensure the safety, comfort, and well-being of seniors and people living with disabilities and to help them fulfill their desire to remain living at home or a community-based home.

Bringing Services to the Participants:

New Services will be tied to the goals of the participant and are person-centered, going beyond the typical activities of daily living. In-home services may include the following:

- Coming into the participants' homes to provide bathing as a support, manicures, and haircuts.
- Range of motion exercise and other skills training to improve or maintain independence.
- Complex medication management as delegated by RN
- Meal preparation if medically required
- One-on-one supports and activities
- Activities to increase well-being
- Behavior Health Counseling
- PT After PT (follow-up exercises after Physical Therapy)
- Cognitive telehealth private and group sessions; including initial training on devices.
- Live Music, singing, and dancing at a distance
- Painting, knitting, crafts, cards, and other games
- Field Trips, individually
- Respite care; Breaks for Family Caregivers.

General Services Guidance:

During the COVID-19 pandemic, experienced Program Assistants will follow all Oregon mandates and CDC and OHA guidance. This includes:

- Staff and consumers wear face coverings (unless medically exempt)
- Ensure distancing is maintained as much as possible
- Appropriated hygiene and sanitizing practices, handwashing
- Health and temperature screening each day

Background

The Department of Human Services recognizes and values the services that Adult Day Services (ADS) provides to seniors and people living with disabilities. Since March 2020, APD made the difficult decision to close ADS Centers to protect vulnerable Oregonians from the spread of COVID-19.

To provide the critical services to Oregonians, APD is developing ADS Alternative Services to allow ADS programs to provide services to eligible participants outside of the typical ADS Center.

North End Senior Solutions

NESS Club

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