


 <p>HAPPINESS IS THE NESS CLUB</p>	<p>1—8:30 am Welcome Hour 11 am Ring Toss Breakfast for Lunch: Eggs, Sausage, Blueberry Pancakes 1 pm Set-up for Music/dance 1:30 pm Mystery Music 2:30 pm Hangman 3 pm Tea Time—fs</p>	<p>2—</p>	<p>3—8:30 am Welcome Hour 11 am Indoor Basketball Salad, Barbecue Chix w/ Baked Beans & Potato Salad 1 pm Set up for Song/ Dance 1:30 pm Mel on Guitar 2:30 pm Special Bingo Party 3:00 pm Tea Time—jc</p>	<p>4—</p> 	<p>5—</p> <p>The Ness Club Will Be Closed</p>	<p>6—</p> <p>Fridays are SHIBA Info Days</p>	
<p>7—</p>	<p>8—8:30 am Welcome Hour 11:00 am Ring Toss Salad, Broccoli Cheese Soup w/ French Bread 1 pm Set up for Music/dance 1:30 pm Al & Mel on Guitar 2:30 pm “Did You Know” 3 pm Tea Time—jc</p>	<p>9—</p>	<p>10—8:30 am Welcome Hour 11 am Noodles & Balloons Salad, Baked Chix & Rice w/ Squash 1:30 pm Mel on Guitar 2:30 pm Bingo 3:pm Tea Time—fs 3:15 Hangman</p>	<p>11—</p>	<p>12—8:30 am Welcome Hour 10:30 am EIEIO w/ Matthew 11 am Al on Guitar Salad, Baked Tilapia w/ Orange Carrots 12:30 pm Al on Guitar 1:30 pm Healing Touch w/ Gwen 2:30 pm Bean Bag Toss 3 pm Tea Time—jc</p>	<p>13—</p> <div style="border: 1px solid blue; padding: 5px;"> <p>E—Elder I—Information E—Education I—Involving O—Others</p> </div>	
 <p>14—</p>	<p>15—8:30 am Welcome Hour 11 am Ring Toss Salad, Chix Enchilada Casserole w/ Spanish Rice 1 pm Set-up for Music/dance 1:30 pm Mystery Music 2:30 pm “Did You Know” 3 pm Tea Time—ap</p>	<p>16—</p> <p>Third Wednesday Caregiver Support Group Noon-1pm NEWPORT</p>	<p>17—8:30 am Welcome Hour 11 am Outdoor walk Salad, Sloppy Joes w/ Oven Fries 12:30 pm Card Games 1:30 pm Mel on Guitar 2 :30 Bingo 3:pm Tea Time—fs</p>	<p>18—</p> <p>Third Thursday Caregiver Support Group Noon-1pm OCCC Bring a sack lunch</p>	<p>19—8:30 am Welcome Hour 10:am Adam LCHHS Counselor 11 am Al on Guitar Salad, Salmon Patties w/ Broccoli 1:00 Al on Guitar 1:30 pm Mel on Guitar 1:30 pm Bean Bag Toss 2:30 pm Baking Cookies Project 3 pm Tea Time—jc</p>		
<p>21—</p>	<p>22—8:30 am Welcome Hour 11 am Kickball Lentil Soup, Veggie or Beef Burgers w/ Sweet Potato Fries 1:30 pm Al & Mel on Guitar 2:30 Kickball 3:pm Tea Time—fs</p>	<p>23—</p>	<p>24—8:30 am Welcome Hour 11 am Flex & Balance Red Pepper Soup, Chix Tenders w/ Macaroni Salad 12:30 pm Card Games 1:30 pm Mel on Guitar 2 :30 Bingo 3:pm Tea Time—Team 3:15 “Did You Know”</p>	<p>25—</p>	<p>26—8:30 am Welcome Hour 10:30 am EIEIO w/ Matthew 11 am Al on Guitar Split Pea Soup, Tuna Melt or Grilled Cheese w/ Applesauce 12:30 Al on Guitar 1:30 pm Healing Touch w/ Gwen 2:30 pm Dice Game 3 pm Tea Time—fs</p>	<p>27—</p>	
<p>28—</p>	<p>29—8:30 am Welcome Hour 11 am Kickball Salad, Meatloaf w/ Mashed Potato's & Tarragon Carrots 1:00 pm Set-up for Music 1:30 pm Mystery Music 2:30 pm Ring Toss 3 pm Tea Time—fs</p>	<p>30—</p>	<p>31—8:30 am Welcome Hour 11 am Noodles & Balloons Salad Pizza Take Out 1pm Poetry & Prose 2:30 Bingo (if time permits) 3:00 Tea Time- 3:15 pm Dice Game—Team</p>	<div style="border: 2px solid red; padding: 10px;"> <table border="0"> <tr> <td style="vertical-align: top;"> <p>Everyday Activities Welcome Hour Balance and Flex Exercises Crafts , Painting, Beads Singing and Dancing</p> </td> <td style="vertical-align: top;"> <p>Lunch and Snacks Quiet Time Board Games , Puzzles, Cards Musical Entertainment 3pm Tea Time Snacks</p> </td> </tr> </table> </div>		<p>Everyday Activities Welcome Hour Balance and Flex Exercises Crafts , Painting, Beads Singing and Dancing</p>	<p>Lunch and Snacks Quiet Time Board Games , Puzzles, Cards Musical Entertainment 3pm Tea Time Snacks</p>
<p>Everyday Activities Welcome Hour Balance and Flex Exercises Crafts , Painting, Beads Singing and Dancing</p>	<p>Lunch and Snacks Quiet Time Board Games , Puzzles, Cards Musical Entertainment 3pm Tea Time Snacks</p>						