


	<p>Everyday Activities</p> <p>Welcome Hour Balance and Flex Exercises Crafts, Painting, Beads Singing and Dancing</p>	<p>Quiet Time Board Games, Puzzles, Cards Musical Entertainment 3pm Tea Time Snacks</p>	<p>1—8:30 am Welcome Hour 11 am Lawn Darts Salad, Baked Chix w/Orange Carrots 1:00 pm Set up Song/Dance 1:30 pm Mel on Guitar 2:30 pm Bingo 3 pm Tea Time—jc/fs 3:15 pm Hangman</p>	<p>2—</p> 	<p>3—8:30 am Welcome Hour 10 am Adam LCHHS Counselor 11 am AL on Guitar Salad, Thai Shrimp w/ Sesame Noodles 12:30 pm AL on Guitar 1:30 pm Mel on Guitar 3 pm Tea time—fs/jc</p>	<p>4—</p>
<p>5—</p>	<p>6—8:30 am Welcome Hour 11 am Ring Toss Salad, Ham or Veggie Quiche w/ fruit cup 1 pm Set up for Music/dance 1:30 pm Mystery Music 3 pm Tea Time—LS</p>	<p>7—</p>	<p>8—8:30 am Welcome Hour 11 am Noodles & Balloons Salad, Hot Dogs w/ Baked Potato Wedges 1:30 pm Mel on Guitar 2:30 pm Bingo 3:pm Tea Time 3:15 Hangman—fs/ls</p>	<p>9—</p>	<p>10—8:30 am Welcome Hour 10:30 am EIEIO w/ Matthew 11 am Al on Guitar Salad, Halibut, Rice, Squash 12:30 pm Al on Guitar 1:30 Healing Touch w/ Gwen 3:15 pm Tea Time—jmf</p>	<p>11—</p> <div style="border: 2px solid green; padding: 5px;"> <p>E—Elder I—Information E—Education I—Involving O—Others 2nd & 4th Friday 10:30 am</p> </div>
<p>12—</p>	<p>13—8:30 am Welcome Hour 11 am Ring Toss Salad, Chicken or Bean Enchilada Casserole 1 pm Set-up for Music/dance 1:30 pm Al & Mel on Guitar 2:30 pm Bean Bag Toss 3 pm Tea Time—ls/ap</p>	<p>14—</p> <p style="text-align: center;">2nd Tuesday MS Support Group 11:00 m—12:30 pm</p>	<p>15—8:30 am Welcome Hour 11 am Flex & Balance Red Pepper Soup, Sliders w/ Chips 1:30 pm Mel on Guitar 2 :30 Bingo 3:pm Tea Time—jc soup</p>	<p>16—</p> <p style="text-align: center;">Third Thursday Caregiver Support Group Noon-1pm Odd Fellows Hall Bring a sack lunch</p>	<p>17—8:30 am Welcome Hour 10 am Adam LCHHS Counselor 11 am Al on Guitar Split Pea Soup, Tuna Melt or Grilled Cheese w/ Applesauce 130 pm Mel on Guitar 3 pm Tea Time—Team 3:15 Hangman—fs/ls</p>	<p>18—</p>
<p>19—</p>	<p>20—8:30 am Welcome Hour 11 am In-door Bowling Lentil Soup, Veggie or Beef Burger w/ Sweet Potato Fries 1:30 pm Mystery Music 2:30 Ring Toss 3:pm Tea Time—ls/fs</p>	<p>21—</p> <div style="border: 2px solid green; padding: 5px;"> <p style="text-align: center;">Third Wednesday Caregiver Support Group Noon-1pm NEWPORT</p> </div>	<p>22—8:30 am Welcome Hour 11 am Flex & Balance Salad, Chix Cacciatore w/ Green Beans 1 pm Set up for Song/dance 1:30 pm Mel on Guitar 2 :30 Bingo 3:pm Tea Time—jc/ls</p>	<p>23—</p>	<p>24—8:30 am Welcome Hour 10:30 am EIEIO w/ Matthew 11 am Al on Guitar Salad, Clam Chowder w/ Biscuits 1:30 Healing Touch w/ Gwen 2 pm Blooming Flowers 3 pm Tea Time—jmf</p>	
<p>26—</p> 	<p style="text-align: center;">The Ness Club is closed for Memorial Day</p>	<p>28—</p>	<p>29—8:30 am Welcome Hour 11:00 am Parachute Stretch Egg Flower Soup Chinese Take Out 1 pm Poetry & Prose 2 :30 Bingo (if time permits) 3:pm Tea Time—Jc soup.</p>	<p>30—</p>	<p>31—8:30 am Welcome Hour 11Salad, Salmon Patties w/ Broccoli am Al on Guitar 12:30 pm Al on Guitar 1 pm Set up for Song & Dance 1:30 pm Mel on Guitar 3pm Tea Time—ls/fs</p>	