



541-921-0937

NESS Club Calendar

www.Northenders.org

September 2018

Sun

Mon



Tue

Wed

Thu

Fri

Sat

<p>1—</p> <p>Everyday Activities Welcome Hour Balance and Flex Exercises Crafts , Painting, Beads Singing and Dancing</p>	<p>Lunch and Snacks Quiet Time Board Games , Puzzles, Cards Musical Entertainment 3pm Tea Time Snacks</p>					<p>1—</p> <p style="color: red;">Fridays are SHIBA Info Days</p>
<p>2—</p> <p>Marie Laper Lincoln County Older Adult Behavior Health Specialist</p> <p>Visits NESS Whenever</p>	<p>3—</p>  <p style="color: red;">The Ness Club Will Be Closed For Labor Day</p>	<p>4—</p>	<p>5—8:30 am Welcome Hour 11 am Kickball Breakfast for Lunch, Eggs and sausage and Pancakes 1:30 pm Mel on Guitar 2:30 pm Bingo 3:pm Tea Time—jmf 3:15 Hangman</p>	<p>6—</p>	<p>7—8:30 am Welcome Hour 11 am Al on Guitar Salad, Cioppino, Italian Bread 1 pm Wii Games 1:30 pm Painting w/ Larry 1:30 pm Bean Bag Toss 2:30 pm Button Art 3 pm Tea Time—jmf</p>	<p>8—</p> 
<p>9—</p>	<p>10—8:30 am Welcome Hour 11 am Ring Toss BBQ Again! Yipee! 1 pm Set-up for Music/dance 1:30 pm Al & Mel on Guitar 2:30 pm 3 pm Tea Time-jmf 3:15 Hangman</p>	<p>11—</p> <p>2nd Tuesday MS Support Group 11:00 m—12:30 pm Odd Fellows Hall</p>	<p>12—8:30 am Welcome Hour 11 am Ring Toss Canapés, Chili & Mac&Cheese 12:30 pm Card Games 1:30 pm Mel on Guitar 2 :30 Bingo 3:pm Tea Time—jmf 3:30 pm Blackjack</p>	<p>13—</p>	<p>14—8:30 am Welcome Hour 10:30 EIEIO w/ Matthew 11 am Al on Guitar Tomato Basil Soup, Tuna Melt or Grilled Cheese w/ Applesauce 1:00 Abstract Painting Project 1:30 pm Painting w/ Larry 1:30 pm Nature Whispering 2:30 pm Abstract Painting Project 3 pm Tea Time—jmf</p>	<p>15—</p>
<p>16—</p>	<p>17—8:30 am Welcome Hour 11 am Indoor Bowling Salad, Chili Relleno Casserole 1:30 pm Karaoke w/ Valerie 2:30 Kathryn Whisperer 3:pm Tea T—jmf</p>	<p>Third Wednesday Caregiver Support Group Noon-1pm NEWPORT</p>	<p>19—8:30 am Welcome Hour 11 am Flex & Balance Red Pepper Soup, Subway Sandwiches w/ Chips 12:30 pm Card Games 1:30 pm Mel on Guitar 2 :30 Bingo 3:pm Tea Time—jc/ap 3:15 “Did You Know”</p>	<p>20—Third Thursday</p> <p>Caregiver Support Group Noon-1pm Odd Fellows Hall Bring a sack lunch</p>	<p>21—8:30 am Welcome Hour 11 am Al on Guitar Salad, Baked Fish and Rice 12:30 Al on Guitar 1:30 Painting w/ Larry 2:30 Nature Whispering 3 pm Tea Time— 3:15 Black Jack— 21—jmf</p>	<p>22—</p> <div style="border: 1px solid blue; padding: 5px;"> <p>e—Elder I—Information E—Education I—Involving O—Others 2nd & 4th Friday 10:30 am</p> </div>
<p>23—</p> <p style="text-align: right;">30—</p>	<p>24—8:30 am Welcome Hour 11 am Kickball Salad, Meatloaf w/ Roasted Potato's & Tarragon Carrots 1:00 pm Set-up for Music 1:30 pm Al & Mel on Guitar 2:30 pm Dice Game 3 pm Tea Time—fs/jc</p>	<p>25—</p>	<p>26—8:30 am Welcome Hour 11 am Noodles & Balloons Egg Flower Soup Cinese Take Out 1pm Poetry & Prose 2:30 Bingo (if time permits) 3:00 Tea Time-jmf 3:15 pm Dice Game</p>	<p>27</p>	<p>28—8:30 am Welcome Hour 10:30 am EIEIO w/ Matthew 11:00 am Al on Guitar Salad, Clam Chowder w/ Rolls 1:30 Painting w/ Larry 2:30 Bean Bag Toss 3 pm Tea Time—jmf 3:15pm Hang Man—</p>	<p>29—</p>