





# North End Senior Solutions and NESS Club Calendar June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 2px solid blue; padding: 5px;"> <p><b>Everyday Activities</b>                      Welcome Hour                      Balance and Flex Exercises                      Crafts , Painting,                      Bead and Jewelry Making</p> </div>	<p>Lunch and Snacks                      Quiet Time                      Board Games , Puzzles, Cards                      Reading and Musical Entertainment                      3pm Tea Time Snacks</p>		<div style="background-color: yellow; padding: 5px;"> <p><b>NESS-Fundraiser                      PARKING-LOT SALE                      EVERY FRIDAY                      10 am– 4 pm                      Proceeds go to the purchase                      of a commercial dishwasher</b></p> </div>	<p>1— 10 am Welcome Hour                      11:00am <b>Al on Guitar</b>                      11 30 am Bean Bag Toss                      Salad, Baked Cod w/ Squash                      12:30 Al on Guitar                      1:30 <b>Painting w/ Larry</b>                      3 pm Tea Time—jl/fs                      3:15 — <b>Card Games</b></p>	<p>2—</p> <p style="color: red;">Fridays are                      SHIBA Info Days</p>	
<p>3—</p>	<p>4—Welcome Hour <b>FOURTH BE WITH YOU-GOODNESS</b>                      11 am Ring Toss                      Breakfast for Lunch: Eggs, Sausage, Pancakes                      1 pm Set-up for Music                      1:30pm <b>Karaoke w/ Valerie</b>                      2:30 pm <b>“Did You Know”</b>                      3 pm Tea Time—jmf/pc                      3:15 pm Hangman</p>	<p>5—</p>	<p>6— Welcome Hour                      11 am Board Game Toss                      Salad, Beef or Veggie Sloppy                      Joes w/ Tator Tots  <b>Lunch w/ Marie</b>                      1:30 pm <b>Mel on Guitar</b>                      2:30 pm Bingo                      3:pm Tea Time—Kristin B-D                      3:15 Dice Game-jmf</p>	<p>7—</p>	<p>8—<b>10:30 EIEIO w/ Matthew</b>                      11 am <b>Al on Guitar</b>                      11:30 am Bean Bag Toss                      Salad, Tuna Casserole w/Broccoli                      12:30 pm Al on Guitar                      1 pm <b>Abstract Painting</b>                      1:30 pm <b>Painting w/ Larry</b>                      3 pm Tea Time—fs/jl                      3:15pm— <b>Ring Toss</b></p>	<p>9—</p> <div style="border: 1px solid blue; padding: 5px;"> <p>E—Elder                      I—Information                      E—Education                      I—Involving                      O—Others</p> </div>
<p>10—</p>	<p>11—10:am Welcome Hour                      11 am Flex &amp; Balance                      Salad, Bean or Chix Enchilada Casserole                      1 pm Set-up for Music/dance                      1:30 pm <b>Al &amp; Mel on Guitar</b>                      2:30 pm Kings Corner Card                      3 pm Tea Time-jmf/pc                      3:15 Dice Game</p>	<p>12—</p> <p style="text-align: center;"><b>2nd Tuesday                      MS Support Group                      11:00 m—12:30 pm                      Odd Fellows Hall</b></p>	<p>13—10 am Welcome Hour                      11 am Ring Toss                      12:30 pm Card Games                      Salad, Rice &amp; Spinach bake w/ Fruit Cup                      1:30 pm <b>Mel on Guitar</b>                      2 :30 Bingo                      3:pm Tea Time—jl/fs                      3:15 Hangman</p>	<p>14—</p>	<p>15— 10 am Welcome Hour                      11 am <b>Al on Guitar</b>                      11:30 Bean Bag Toss                      Split Pea Soup, Tuna Melt or Grilled Cheese w/ Applesauce                      1:30 pm <b>Painting w/ Larry</b>                      3pm Tea Time—fs/jl                      3:15pm <b>Hang Man</b> —</p>	<p>16—</p>
<p>17—</p> <div style="text-align: center;">  </div>	<p>18—10 am Welcome Hour                      11 am Noodles &amp; Balloons                      Salad, Veggie or Beef Burger w/ Sweet Potato Fries                      1:00 pm Set up for Music                      1:30 pm <b>Karaoke w/ Valerie</b>                      3:pm Tea Time—jmf/pc                      3:15 <b>Acupressure—Mikaelah</b></p>	<p>19—</p> <div style="text-align: center;">  <p><b>Third Wednesday                      Caregiver Support                      Group                      Noon-1pm                      NEWPORT</b></p> </div>	<p>20— —10 am Welcome Hour                      11 am Flex &amp; Balance                      Red Pepper Soup, Subway w/                      12:30 pm Card Games                      1:30 pm <b>Mel on Guitar</b>                      2 :30 Bingo                      3:pm Tea Time—em/ap?                      3:15 Black Jack/cards</p>	<p>21—</p> <div style="text-align: center;"> <p><b>Caregiver Support Group                      Third Thursday                      Noon-1pm                      Odd Fellows Hall                      Bring a sack lunch</b></p> </div>	<p>22—10:30 <b>EIEIO w/ Matthew</b>                      11 am <b>Al on Guitar</b>                      11:30 Bean Bag Toss                      Salad, Clam Chowder w/ Biscuits                      12:30 Al on Guitar                      1:30 <b>Painting w/ Larry</b>                      2:00 pm <b>Ice Cream Social</b> ←                      3 pm Tea Time                      3:15 <b>Black Jack— 21—jl/fs</b></p>	<p>23—</p> <div style="text-align: center;">  </div>
<p>24—</p>	<p>25—10 am Welcome Hour                      11 am Ring Toss                      Salad, Meatloaf w/ Mashed Potato's &amp; Tarragon Carrots                      1:00 pm Set-up for Music                      1:30 pm <b>Al &amp; Mel on Guitar</b>                      2:30 pm Dice Game                      3 pm Tea Time—FS</p>	<p>26—</p>	<p>27—10 am Welcome Hour                      11 am Noodles &amp; Balloons  <p style="text-align: center;"><b>Salad                      Pizza Take Out</b></p>                     1pm <b>Poetry &amp; Prose</b>                      2:30 Bingo (if time permits)                      3:00 Tea Time-jmf                      3:15 pm Dice Game</p>	<p>28—</p> <div style="background-color: yellow; padding: 5px;"> <p><b>NESS-Fundraiser                      PARKING-LOT SALE                      EVERY FRIDAY                      10 am– 4 pm</b></p> </div>	<p>29—10 am Welcome Hour                      11:00 am <b>Al on Guitar</b>                      11:30 am Bean Bag Toss                      Salad, Salmon Patties w/ Peas/ Corn                      1:30 <b>Painting w/ Larry</b>                      3 pm Tea Time                      3:15pm <b>Hang Man—jl/fs</b></p>	<p>30—</p>